MARYLAND DIAGNOSTIC & THERAPEUTIC ENDO CENTER



doctor.

Colonoscopy Prep Instructions – Moviprep with Bisacodyl

621 Ridgley Ave, Suite 101 Annapolis, MD 21401 410-224-3636

F: 410-972-2698

YOUR BOWEL Prep IS VERY IMPORTANT- Please read immediately and review instructions carefully! Only follow these MDTEC instructions for your prep.

f you do not follow these instructions and Prior to your procedure:		2 Days Prior	1 Day Prior	Procedure Day
Your prescription is sent to your pharmacy after your pre-op call or office visit has been completed. Please pick up your prescription within 72 hours. AND- Purchase Bisacodyl from the pharmacy. You will need to arrange for a responsible adult to drive you home. You cannot drive until the day after your procedure. A taxi, ride share, or shuttle is not an	Avoid consuming all food with seeds, corn and nuts 5 days prior to your procedure. Stop taking all NSAIDS. Ibuprofen, Advil, Aleve, etc. 5 days prior to your procedure. Youmay take Tylenol as needed. Inhalers and Nasal Spray-	Drink at least four 8oz. glasses of water throughout the day. Eat a light dinner.	Clear liquid diet continues all day today. Drink at least four 8oz. glasses of water throughout the day. No alcohol the day before or day of your procedure. If you are taking diabetic	Clear liquid diet until 4 hours prior to your procedure. Morning dose of MoviPrep - Part 2 5 hours prior to your procedure. Step 1-Empty Pouches (A&B) into the container. Add warm water to top line on the container. Mix to dissolve. Step 2- Container has 4 marks. Drink 8oz of solution (to the mark) every 15
approved means of transportation <u>unless you</u> <u>have</u> a family member or friend with you. If you take Phentermine: stop taking this <u>10</u> days prior to your procedure. If you take <u>weekly injections for weight loss</u> or <u>Diabetes</u> : do NOT take this within <u>7 days</u> of your procedure. If you take iron, dietary, herbal or fiber	Continue as prescribed. Please bring with you on day of procedure. Blood Pressure and other essential medications: Continue as prescribed. Take these medications on the day of your procedure with a SMALL sip of water at least 2 hours before	NO Solid Foods after midnight! You will begin a clear liquid diet at midnight. Acceptable clear	medication, cut your dose in half this day and do not take any diabetic medication day of procedure. 6pm: Begin MoviPrep - Part 1 Step 1-Empty Pouches (A&B) into the container. Add warm water to top line on the container. Mix to dissolve.	minutes until all solution has been consumed. It should take you no more than 1 hour to complete these steps. You must finish all of the prep, including the water 4 hours prior to your procedure. Please call the office if your prep results are not clear like water or a transparent yellow at this
supplements: stop taking these 7 days prior to your procedure. If you take a blood thinner: Please contact the prescribing doctor to obtain a blood thinner hold order. The office can fax this order to us at 410-972-2698. If you see a specialist: We will need to review the notes from your most recent office visit,	procedure. If you wear contacts: please remove them at home or bring your contact lens supplies with you if you don't have glasses to wear. Please leave jewelry and	liquids include: water, clear broth, apple juice, white cranberry juice, white grape juice, soda, jello, popsicles, coffee, and tea.	Step 2- Container has 4 marks. Drink 8oz of solution (to the mark) every 15 minutes until all solution has been consumed. It should take you no more than 1 hour to complete these steps.	You cannot have ANYTHING AT ALL by mouth for at least 4 hours prior to scheduled procedure time. This includes ice, water, gum, hard candy and mints.
labs, and test results prior to your procedure. You can call their office to request these be faxed to us at 410-972-2698. If you develop any covid, flu, or cold like symptoms within 2 weeks of your procedure date, please call us at 410-224-3636	other valuables at home. Contact our pre-operative department with any questions at 410 224-3636 Option 2.	You may have any transparent liquid. Nothing with milk or creamer. Nothing red, blue or purple in color	After completing this part of the prep take 10 mg of Bisacodyl (2 tablets –5mg each. If you are unable to tolerate the prep, please call 410-224-4887 to speak to the on call doctor.	No smoking the day of procedure. Please remember to bring your: -Current Medication list with the last dose for each medication taken -Insurance Cards -Driver's License/Photo ID -Any co-insurance fees that are due.

are allowed.



- This form must be <u>completed</u> prior to your procedure.
- Please list all prescriptions, over the counter medications, vitamins and supplements taken in the last month.
- Please remember to review medication instructions provided on page 1 of your procedure instructions.
- If you have questions regarding your medications prior to your procedure, please call 410-224-3636 and ask to speak with our procedure coordinator.

Medication Name	Dose	Frequency and Time(s) Taken	Date / Time of Last Dose

Patient Signature	Date



Patient Signature

Date