Endoscopy with Bravo Capsule OFF PPI



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<u>YOUR PREP IS VERY IMPORTANT</u>- Please read immediately and review instructions carefully! Only follow these MDTEC instructions for your prep. If you do not follow these instructions and you are not prepped properly for your procedure, a cancellation fee will apply.

Prior to your procedure:		1 Day Prior	Procedure Day
During your Endoscopy a Capsule will be placed for your Bravo study. You will need to keep a recording device with you at all times for up to 96	Stop taking all NSAIDS. Ibuprofen, Advil, Aleve, etc. 5 days prior to your	Drink at least four 8oz. glasses of water throughout the day.	Clear liquid diet until 4 hours prior to your procedure. You cannot have ANYTHING AT
hours after your procedure. Stop all PPI medications 7 days prior to your procedure. This includes the following: Prevacid , Prilosec, Aciphex, Dexilant, Kapidex, Protonix, Nexium, Zegerid, Pepcid, Tagamet Zantac. If you take Phentermine: stop taking this 10	procedure. You may take Tylenol as needed. Inhalers and Nasal Spray- Continue as prescribed. Please bring with you on day of procedure. Blood Pressure and other	No alcohol the day before or day of your procedure. If you are taking <u>diabetic</u> <u>medication</u> , cut your dose in half this day and do not take any diabetic medication day of procedure.	ALL by mouth for at least 4 hours prior to scheduled procedure time. This includes ice, water, gum, hard candy and mints.
days prior to your procedure. If you take weekly injections for weight loss or Diabetes: do NOT take this within 7 days of your procedure.	essential medications: Continue as prescribed. Take these medications on the day of your procedure with a SMALL sip of water at least 2	If you have an insulin pump, check with prescribing MD for instructions. Eat a light dinner.	No smoking the day of procedure. You will need to arrange for a responsible adult to drive you home.
If you take iron, dietary, herbal or fiber supplements: stop taking these 7 days prior to your procedure. If you take a blood thinner: Please contact the prescribing doctor to obtain a blood thinner hold order. The office can fax this order to us at 410-972-2698. If you see a specialist: We will need to review	hours before procedure. If you wear contacts: please remove them at home or bring your contact lens supplies with you if you don't have glasses to wear.	NO Solid Foods after midnight! You will begin a clear liquid diet at midnight. Acceptable clear liquids include: water, clear broth, apple juice, white cranberry juice, white grape juice, soda, jello,	You cannot drive until the day after your procedure. A taxi, ride share, or shuttle is not an approved means of transportation unless you have a family member or friend with you. Please remember to bring your:
the notes from your most recent office visit, labs, and test results prior to your procedure. You can call their office to request these be faxed to us at 410-972-2698. If you develop any covid, flu, or cold like symptoms within 2 weeks of your procedure date, please call us at 410-224-3636	Please leave jewelry and other valuables at home. Contact our preoperative department with any questions at 410 224-3636 Option 2.	popsicles, coffee, and tea. You may have any transparent liquid. Nothing with milk or creamer. Nothing red, blue or purple in color are allowed.	-Current Medication list with the last dose for each medication taken -Insurance Cards -Driver's License/Photo ID -Any co-insurance fees that are due.



- This form must be <u>completed</u> prior to your procedure.
- Please list all prescriptions, over the counter medications, vitamins and supplements taken in the last month.
- Please remember to review medication instructions provided on page 1 of your procedure instructions.
- If you have questions regarding your medications prior to your procedure, please call 410-224-3636 and ask to speak with our procedure coordinator.

Medication Name	Dose	Frequency and Time(s) Taken	Date / Time of Last Dose

Patient Signature	Date



Patient Signature

Date